

THE C.R.E.A.T.E AND C.S.S METHODS FOR SCIENTIFIC SKILL DEVELOPMENT & KNOWLEDGE INTEGRATION

C.R.E.A.T.E: Consider, Read, Elucidate hypotheses, Analyze and interpret data, and Think of the next Experiment

C.S.S: Curate Scientific Summaries

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PROMPT (CLASS DISCUSSION)

Reading a research article is _____

TYPES OF SCIENTIFIC PUBLICATIONS

- **Primary Research Articles (PRAs)**
- **Reviews**
- **Methods and Protocols**
- **Resources: Databases and Repositories**
- **Others**
 - Letters and Short Reports
 - Commentaries
 - Perspectives
 - Clinical Case Study
 - Book Review etc.

WHAT TO LOOK FOR IN A SCIENTIFIC PRA?

- Look for comprehensive studies in journals such as NEURON, Journal of Neuroscience, Journal of Neurophysiology, Cell Reports etc.
- Look for articles which follow best practices in scientific writing with
 - Detailed figures showing the data points and rigorous statistics based on the data distributions.
 - Multiple figure panels with one or more approaches to support their findings (e.g., gene expression change validated with functional protein expression).
 - Validated methodology on standard assays.
 - Provides code, data repositories etc. as needed to justify the results.

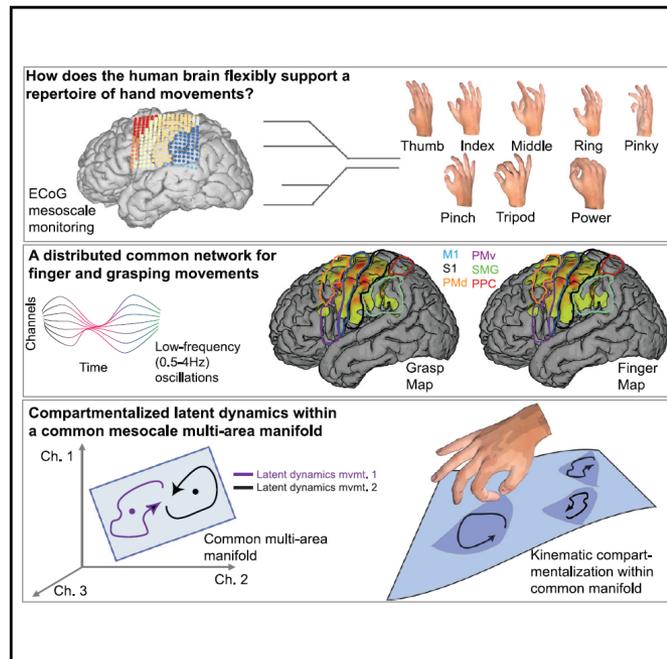
WHAT'S IN A GOOD PRA?

Article

Neuron

Compartmentalized dynamics within a common multi-area mesoscale manifold represent a repertoire of human hand movements

Graphical abstract



Authors

Nikhilesh Natraj, Daniel B. Silversmith, Edward F. Chang, Karunesh Ganguly

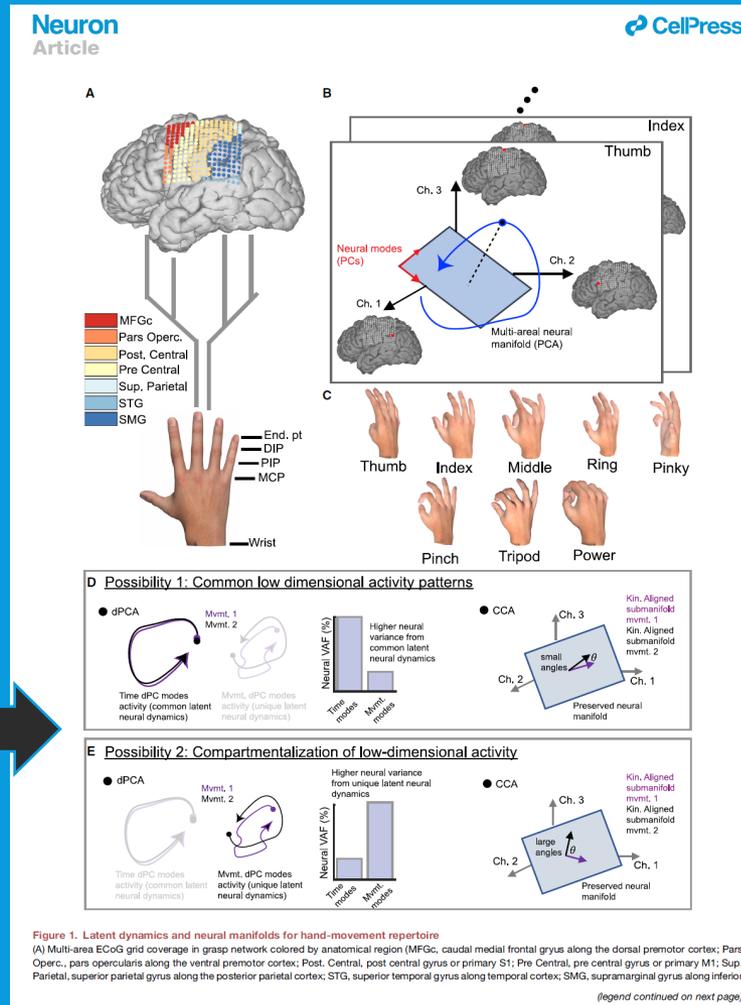
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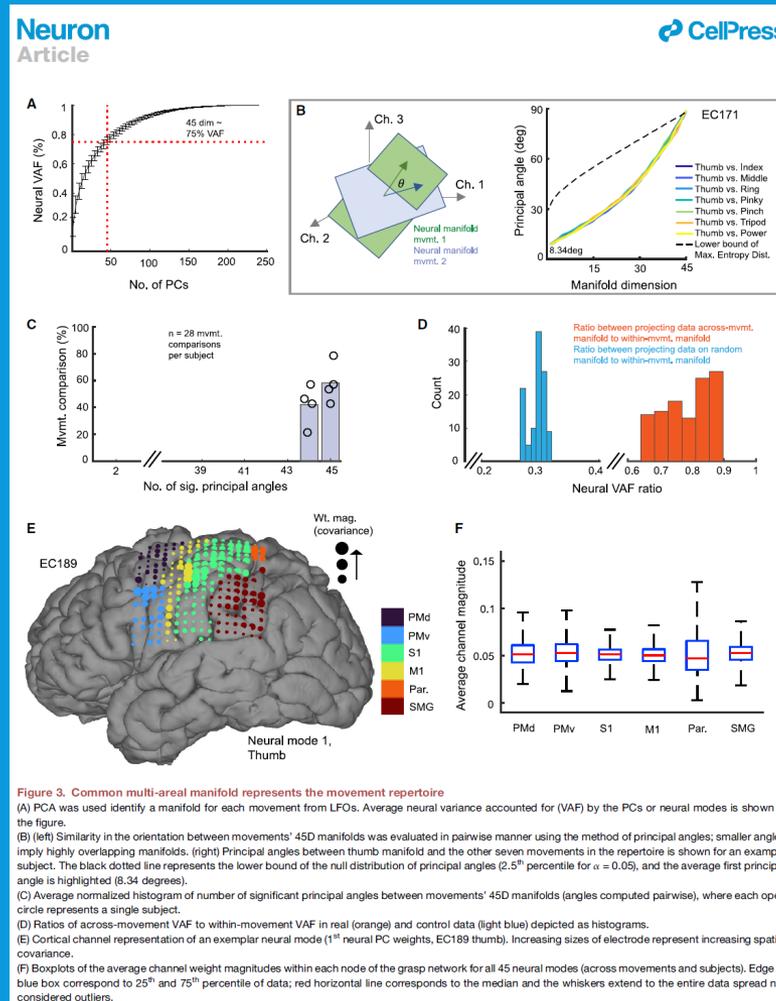
In brief

How does the human brain flexibly support a remarkably diverse repertoire of hand movements? Natraj et al. show that mesoscale activity, for movements ranging from grasps to finger individuation, lie within a common multi-area manifold spanning the “grasp network.” However, latent dynamics within this manifold were movement specific and compartmentalized into distinct behaviorally relevant submanifolds.

STUDY HYPOTHESIS IS CLEARLY STATED AND/OR DEMONSTRATED IN A GRAPHICAL FORMAT



CLEAR, MULTI-PANEL FIGURES SHOWING DATA POINTS IN GRAPHS AND REPRESENTATIVE IMAGES OF RAW DATA



METHODS ARE WELL-DOCUMENTED AND VALIDATED IN THE STUDY

Neuron Article



It should also be noted that notwithstanding the differences between local population spiking activity and multi-area mesoscale recordings, it might also be the case that the complexity of hand movements might elicit mesoscale dynamics that are fundamentally different from M1 population spiking data during well-learned and stereotyped upper-arm movements. For instance, recent studies have shown that the latent dynamics of even local population activity in M1 can be highly variable from movement to movement during grasping actions (Suresh et al., 2020; Rouse and Schieber, 2018). Although participants in our study performed pantomimed movements, it may be that multi-area neural dynamics might differ if the hand were to actually interact with objects during both grasping and finger movements (e.g., using the index finger to flip a switch). Interaction with an object can further alter the compartmentalization of neural dynamics in the grasp network (Michaels et al., 2020; Russo et al., 2020), and the resultant extrinsic inputs can result in more tangling of the latent mesoscale neural dynamics (Russo et al., 2018).

Summary

In conclusion, we present here a neural framework highlighting how distinct manifolds of mesoscale ECoG dynamics within the grasp network represent a repertoire of human hand movements; this might be a mechanism through which humans can rapidly switch among a repertoire of complex hand movements that are kinematically similar. Extending our framework to clinical populations and to naturalistic hand interactions with daily objects can aid in further understanding the function of large-scale neural manifolds for dexterous human hand control.

STAR METHODS

Detailed methods are provided in the online version of this paper and include the following:

- KEY RESOURCES TABLE
- RESOURCE AVAILABILITY
 - Lead contact
 - Materials Availability
 - Data and code availability
- EXPERIMENTAL MODEL AND SUBJECT DETAILS
 - Participants
- METHOD DETAILS
 - Experimental design and data acquisition
 - Sample size estimation
 - ECoG signal processing
 - Movement related information in grasp-network LFO amplitudes
 - Phase-coupling of ECoG LFOs to kinematics
 - Neural manifold analyses
 - demixed Principal Component Analysis to evaluate latent dynamics
 - Relationship between LFOs and γ_H
 - Shared variance between the manifolds of LFOs and γ_H^{LFO}
 - Kinematic recordings of the repertoire of human hand movements

- Kinematically aligned submanifold analyses
- Distinctiveness of aligned submanifolds
- Compartmentalization of behaviorally relevant neural dynamics by the submanifolds
- Multiplexing of synergies
- Spatial map of the CCA neural modes
- QUANTIFICATION AND STATISTICAL ANALYSIS

SUPPLEMENTAL INFORMATION

Supplemental information can be found online at <https://doi.org/10.1016/j.neuron.2021.10.002>.

ACKNOWLEDGMENTS

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AUTHOR CONTRIBUTIONS

Conceptualization, N.N., D.B.S., E.F.C., and K.G.; hypothesis, N.N. and K.G.; kinematic data acquisition code, D.B.S.; data collection, N.N. and D.B.S.; data analysis, methodology, and software, N.N.; patient care, brain surgery, and ECoG data management, E.F.C.; article draft, N.N.; article revision, N.N., D.B.S., and K.G.

DECLARATION OF INTERESTS

The authors declare no competing interests.

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UNDERSTANDING A PRA:

In this course, you will learn two approaches:

- The C.R.E.A.T.E. approach ✓
- The C.S.S. approach

LEARNING OBJECTIVES

EACH STUDENT MUST:

- Demonstrate comprehension of scientific literature through systematic development of pedagogical outcomes using the C.R.E.A.T.E approach.
- Demonstrate longitudinal improvement in the C.R.E.A.T.E outcomes such as concept maps, figures analysis etc.
- Demonstrate enhancement in critical analysis skills by application of a novel C.S.S. approach for a research theme.
- Build confidence and peer collaboration skills.
- Demonstrate improvements in their scientific communication skills.

C.R.E.A.T.E. RESOURCE TO GUIDE YOU

WI+RE

ABOUT ▾

WORKSHOPS

TUTORIALS

HANDOUTS

CONTACT

CREATES

Created by Dr. Jordan Moberg Parker, Kian Ravaei, Doug Worsham, Xinyi(Alex) Yan

CREATES is a set of 6 steps to help you read, analyze, and fully understand the narrative of scientific papers!

AN INNOVATIVE METHOD FOR
UNDERSTANDING SCIENTIFIC ARTICLES

C.R.E.A.T.E.S.

The [CREATES website](#) guides you through all six steps of the CREATES process, providing helpful examples and tips from both teachers and students along the way. You'll find detailed annotations of authentic student work to help you get the most out of the CREATES process!

INSTRUCTIONS

HOW TO USE THE C.R.E.A.T.E.S. SITE

Concept map the introduction
Read & annotate the methods and results
Elucidate the hypothesis for each experiment
Analyze & interpret the data
Think of the next...
Experiment
Synthesize the entire paper to illustrate the scientific narrative

1. Choose any primary scientific journal article.
2. Start at C and go in order (or, choose one letter to focus on).
3. Read the entire webpage.
 - **Steps:** Specific, concrete steps to follow for each letter.
 - **Examples:** Real student examples with real instructor feedback.
 - **Tips:** Additional tips, strategies, and quotes, plus a checklist to track your progress.
4. Give it a try!
5. Advance to the next letter!

Get started!

<https://uclalibrary.github.io/creates/>

C.R.E.A.T.E. ARTICLES TO GUIDE YOU

CBE—Life Sciences Education
Vol. 12, 59–72, Spring 2013

Article

CREATE Cornerstone: Introduction to Scientific Thinking, a New Course for STEM-Interested Freshmen, Demystifies Scientific Thinking through Analysis of Scientific Literature

Alan J. Gottesman and Sally G. Hoskins

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Submitted November 21, 2012; Revised December 15, 2012; Accepted December 15, 2012
Monitoring Editor: Jose Vazquez

The Journal of Undergraduate Neuroscience Education (JUNE), Spring 2008, 6(2):A40-A52

ARTICLE

Using a Paradigm Shift to Teach Neurobiology and the Nature of Science—a C.R.E.A.T.E.-based Approach

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EXPECTED OUTPUTS OF C.R.E.A.T.E. BASED PRA ANALYSIS

1. A Concept Map for Introduction
2. A Methods Diagram for illustrating the Approaches
3. Annotations of Results Figures consisting of: the experimental hypothesis, data and statistics to elucidate the hypothesis.
4. Think of the Next Experiment
5. A Synthesis Map of the whole study

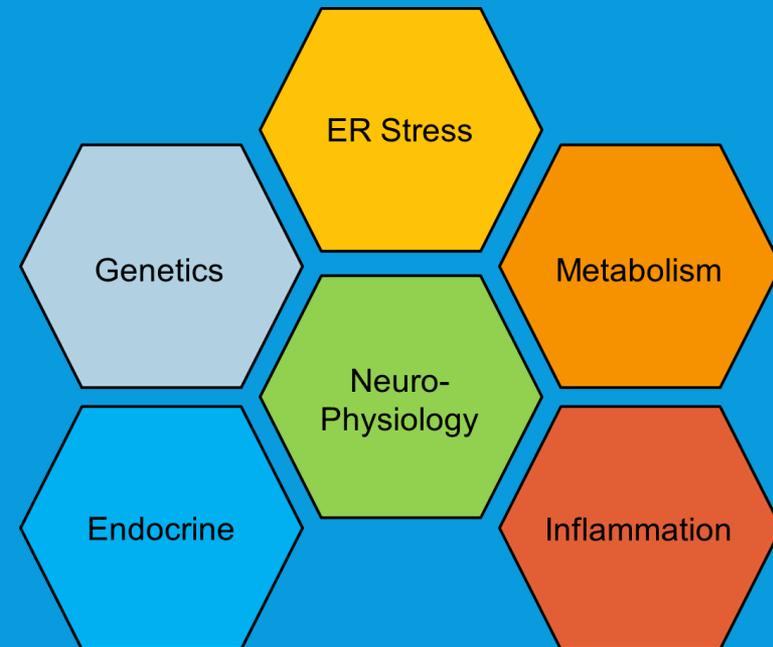
UNDERSTANDING A PRA

In this course, you will learn two approaches:

- The C.R.E.A.T.E. approach
- The C.S.S. approach 

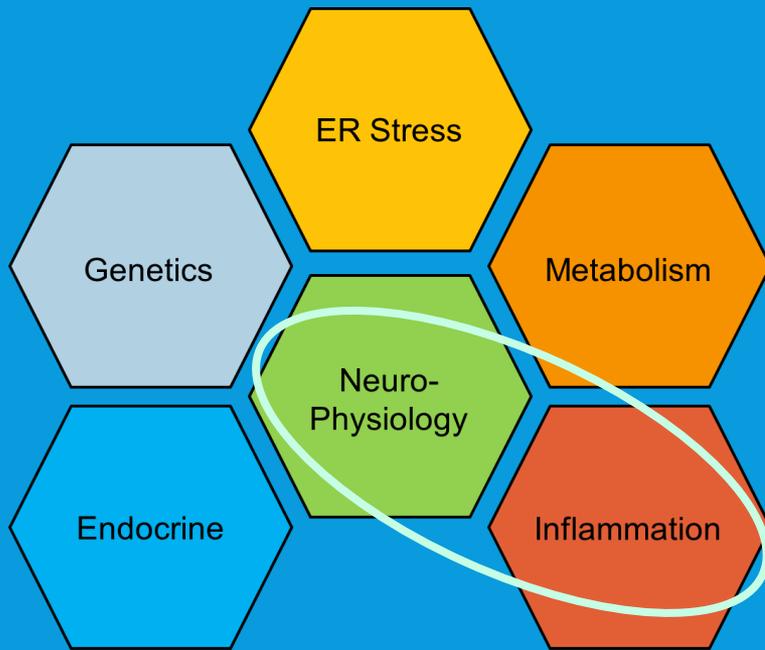
C.S.S.: CURATE SCIENTIFIC SUMMARIES

- The novel C.S.S. approach leverages published work curated in the National Center for Biotechnology Information (NCBI) databases.
- Peer Learning PODs (PLPs) curate published evidence for causal interactions between proteins and other biomolecules mediating various functional crosstalks in the nervous system (e.g., interactions between neural excitability, neuroinflammation, and neuroendocrine functions).



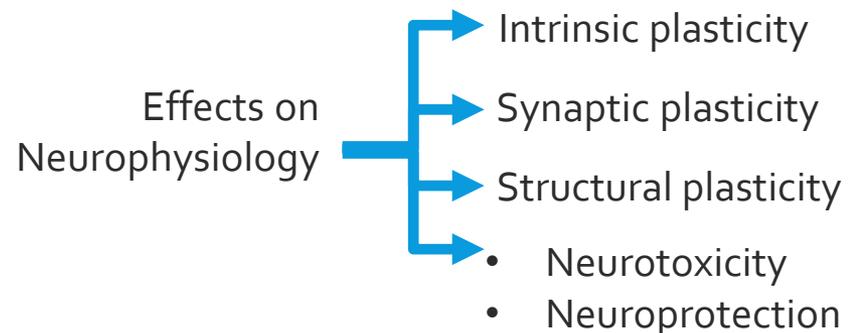
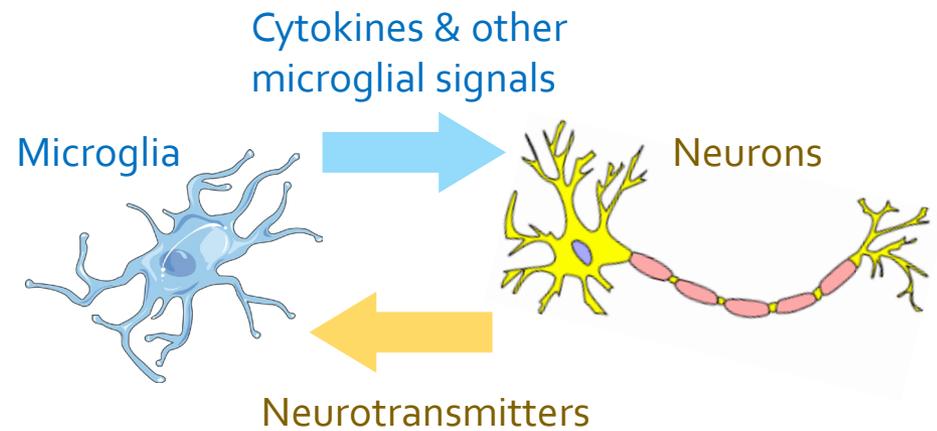
RESEARCH THEME

What cellular and molecular signaling mechanisms mediate the crosstalk between neurophysiology and neuroinflammation?



* **Microglia** are the resident immune cells of the nervous system

Focus on the molecular mediators of Neuron-Microglia* interactions



C.S.S. SUMMARY EXAMPLE

STEP-1: PRA pre-evaluation

– Is there experimental evidence for causal effect from A → E → T?

› Front Neurol. 2016 Mar 30;7:44. doi: 10.3389/fneur.2016.00044. eCollection 2016.

Changes in Neuronal Excitability by Activated Microglia: Differential Na(+) Current Upregulation in Pyramid-Shaped and Bipolar Neurons by TNF- α and IL-18

Lars Klupal¹, Birte A Igelhorst¹, Irmgard D Dietzel-Meyer¹

Affiliations + expand

PMID: 27065940 PMID: PMC4812774 DOI: 10.3389/fneur.2016.00044

[Free PMC article](#)



Activator(s) A	Effector(s) E	Target(s) T	Functional Effect
TGF-b	-	Nav current	Intrinsic
TNF-a	TNF-a ₁ , TNF-a ₂	Nav current	Intrinsic
IL-18	-	Nav current	Intrinsic

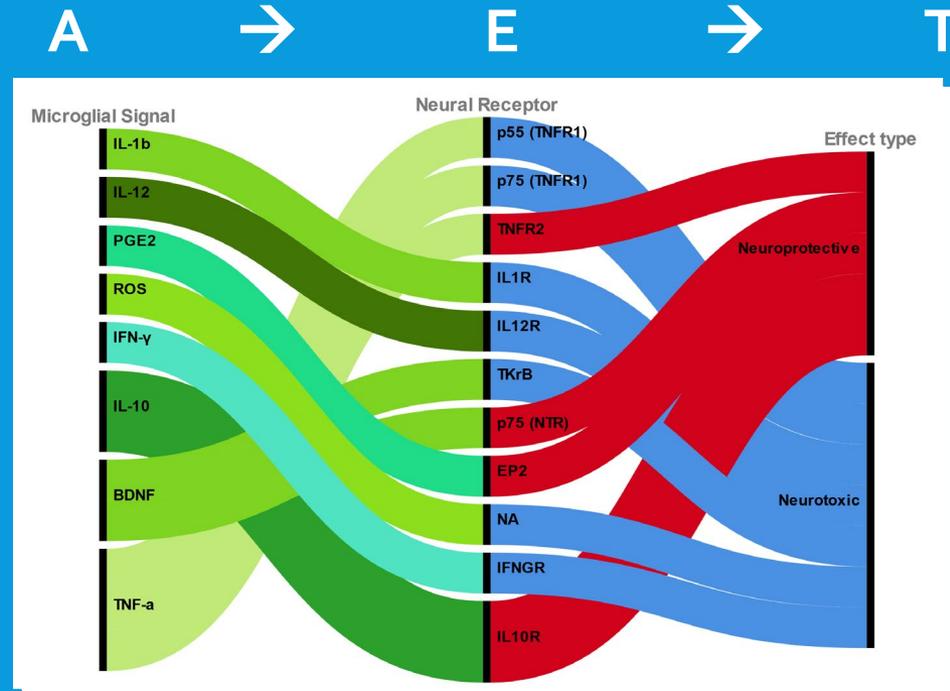
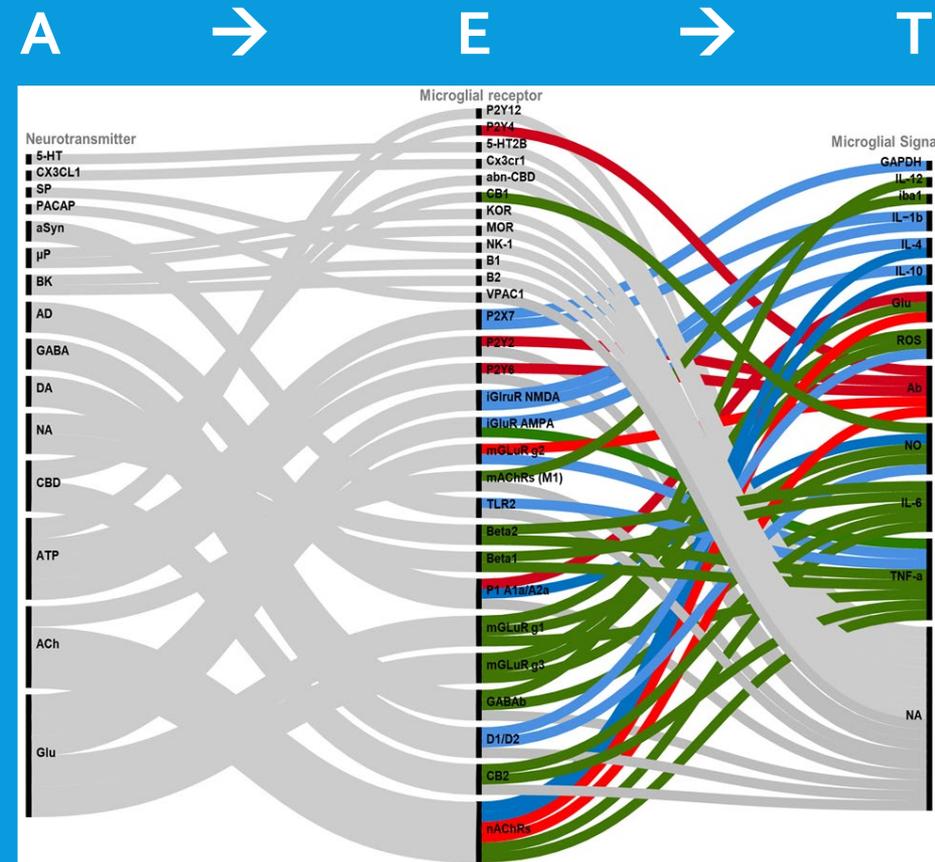
C.S.S. SUMMARY EXAMPLE

STEP-2: PRA curation

- Complete the C.S.S. Form to consolidate evidence of causal molecular and cellular crosstalk in the nervous system.

The screenshot displays the C.S.S. Form interface. At the top, the title "C.S.S. Form" is visible, along with a star icon and the text "All changes saved in Drive". The interface includes navigation tabs for "Questions", "Responses", and "Settings". A "Send" button is located in the top right corner. The form is divided into sections, with "Section 1 of 8" and "Section 2 of 8" highlighted. Section 1 is titled "C.S.S Form" and contains the instruction "Enter all the information specified in the various fields." Below this, there is a dropdown menu labeled "After section 1" with the option "Continue to next section". Section 2 is titled "ARTICLE INFO" and contains several input fields: "Description (optional)", "PMID*" (with a red asterisk indicating it is required), "Enter article link from <https://pubmed.ncbi.nlm.nih.gov/> *" (with a red asterisk indicating it is required), and "Year Published(e.g., 2021) *" (with a red asterisk indicating it is required). A vertical toolbar on the right side of the form contains icons for adding, deleting, and other actions. The bottom right corner of the form has a question mark icon.

RESULTS OF AN EXAMPLE CASE STUDY USING THE C.S.S APPROACH



GUIDELINES FOR WEEKLY CLASS ACTIVITIES

- Week-1: Review class lecture and notes on the C.R.E.A.T.E. and C.S.S. approaches.
- Week-2:
 - Each PLP reads and presents 1 of the 3 assigned review articles.
 - All PLPs must present.
 - PLPs select PRAs (4 per PLP) and enter article PMIDs and NCBI article link in the collective Google Sheet! (make sure that there are no duplicates).
- Weeks 3-6:
 - Conduct C.R.E.A.T.E-based analysis of each PRA with your PLP. Each POD makes a 15 mins slide presentation of the C.R.E.A.T.E outcomes during class discussion each week.
 - Concurrently, each week, fill out the Google Form to complete the C.S.S. step for each PRA analyzed using the C.R.E.A.T.E approach.

LEARNING ASSESSMENTS

DOES EACH STUDENT...

- Demonstrate comprehension of scientific literature through systematic development of pedagogical outcomes using the C.R.E.A.T.E approach?
 - Assessed based on the clarity and presentation of concept maps, synthesis maps etc.
- Demonstrate longitudinal improvements in the C.R.E.A.T.E outcomes such as concept maps, figures analysis etc?
 - Assessed based on improved clarity and presentation of scientific theories, hypothesis and results analysis in the concept maps etc.
- Demonstrate enhancement in critical analysis skills by application of a novel C.S.S. approach for a research theme?
 - Assessed based on students' ability to unravel cause-effect analysis in the PRAs.
- Build confidence and peer collaboration skills?
 - Assessed based on self-evaluation survey, individual and group presentations.
- Demonstrate improvements in their scientific communication skills?
 - Assessed based on class presentations, ability to answer peer and instructor's questions.